



THE SCUTTLEBUTT

CARING FOR AMERICA'S HEROES

Spring/Summer 2016

North Dakota Veterans Home

1600 Veterans Drive

Lisbon, ND 58054

701-683-6500

Administrator:

Mark Johnson

Governing Board:

Gary Skarphol

Connie Ebach

Cathy Keogh

Curt Twete

Greg Stemen

Dean Overby

Steve Frojen

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VETERANS HONORING VETERANS



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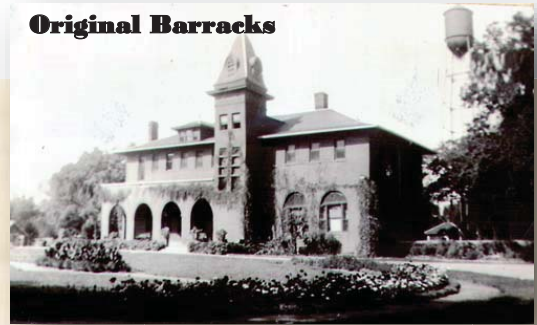
Where we have been....

By an act of Congress, in 1887, certain lands were set aside in various states and territories for the establishment and maintenance of homes for Union veteran soldiers. In North Dakota the state Veterans Home was established in 1891 and has been in operation since 1893.

The original barracks building was built of Menominee brick at a cost of \$18,000. It was finished in native wood with maple floors; the barracks had an attic, two floors, and a basement. The attic held a water tank which had the capacity to hold 30 barrels of water. The second floor had two dormitories, which held 15 people each, a six-patient hospital, and a lavatory with four marble wash basins. The first floor had a parlor, reading and dining room, office, kitchen, pantry, and serving room. The basement contained a boiler room, fuel and vegetable rooms, bathroom, and laundry. The barracks building was not completed until August 1, 1893, and the first veteran entered the Home on August 2, 1893. He was George Hutchings, a veteran of the Civil War and a resident of Ransom County. He was 73 years of age at the time.

When the Home first opened dispensary type of medical care was available, with a local physician making sick call each morning. Two practical nurses were employed; one was on night duty and the other serviced at intervals during the day.

Original Barracks



In the year 1899, a hospital building was erected, at an approximate cost of \$16,000. In the late 1940s the hospital was closed and the building became the civilian employee quarters.



In 1907, a building was constructed to serve as the Commandant's residence, at an approximate cost of \$9,000.

Commandant's Home



Since the Home was self-supported in the early days, much of the labor was performed by the residents working with the farming operations, laundry, kitchen, garden, and keeping quarters clean. As the age of the group became older, this labor was not available due to physical disabilities, and civilian employees were hired.

Through the years, the barracks building deteriorated and was in such a state of disrepair that it would have taken thousands of dollars to repair, and further, the membership was increasing to a point where additional room was necessary. A bill was introduced at the Thirtieth Session of the Legislative Assembly providing for erection of a new barracks building, and was approved on March 14, 1947. This building was constructed at an approximate cost of \$600,000 and was completed and formally dedicated on **June 7, 1950**; by Governor Fred G. Aandahl. The building was designed to accommodate 150 veterans, spouses, and widows. It was modern in every detail and an automatic elevator places the entire four-story building on one floor.

The old barracks building was demolished during the summer of 1952; the entrance of this building is marked by a Civil War cannon. The hospital building, which is no longer standing, was converted into a residence for the civilian employees, and housed a \$20,000 laundry in the basement.

1950's Barracks





1980's

A 1.7 million dollar construction and remodeling project was completed in **1980**. With its completion, the facility conformed to all state and federal regulations on life safety and handicapped accessibility, increased its capacity to 159, provided new laundry facilities, and expanded its crafts area considerably.

July 1, 1983 the Administrative Committee on Veterans Affairs changed the name of the Soldiers Home to 'North Dakota Veterans Home'. It was felt that the new name adequately reflected the clientele the Veterans' Home served.

The 1990's brought about many changes to the North Dakota Veterans Home. A 3.6 million project converted 17 basic care beds to skilled beds, added 21 new beds, a new kitchen and dining room, updated laundry services, central air conditioning, parking space and new road ways.

The 150-bed domiciliary changed capacity to 112 for veterans and spouses as well as the domiciliary care changing to Basic Care.



1990's



A four-season room "Gazebo" was added to the 38-bed nursing home (skilled unit) in 2000. It provided the needed room for activities and a place for families to gather with their loved ones. The funds for the "Gazebo" were provided by donations and the Post War Trust Fund.



Gazebo

Where we are....

On **February 27, 2009**, the North Dakota Legislature passed Senate Bill # 2025, which made it possible to build a new facility for the Veterans of North Dakota. In **May 2011**, we moved into our new state of the art Veterans Home.

Gone are the white walls and sterile feeling of the past. We are now a HOME. Our culture at the North Dakota Veterans Home encourages residents to make their household their home. The home focuses on individual households designed for 12-13 residents. Each household centers around a large living room area, open kitchen and dining area. Each household looks and feels like a home, with few medical signposts. The new home has two basic care pods that can house 98 residents and one skilled care pod that can house 52 residents. Each pod has four households connected together by a hallway that leads to the center core of the building. The center core is designed with a main street theme where residents can visit the bank, library, barber shop, pool hall, museum, town hall, movie theater and chapel. The new Veterans Home utilizes green technology through the use of a geothermal system with 738 wells that heat and cool the entire building.

One of the greatest parts about the household concept is how each home has its own personality, like any other home in the community does. All you have to do is take a tour to see how some of the homes vary. For example, some households are a bit lively and like to visit and eat around one big table together, while others are more subdued and private. There are households that enjoy working on puzzles and planting flowers and vegetables in the outdoor raised flower beds. If you walk into a neighboring house you may find residents watching "I Love Lucy" while enjoying their afternoon snack. All of these differences create a HOME for the Veterans and spouses of Veterans that reside at the North Dakota Veterans Home.



Where we are going....



Workshop/Studio Opening Summer of 2017



From the Desk of Mark Johnson, Administrator

This might come as a shock to many of you, but I celebrated my ten year anniversary at the Veterans Home this summer. What a great place! I am so blessed to be surrounded by so many talented individuals. The staff of the Veterans Home have accomplished so much over that time. They all need to take credit for making the Veterans Home one of the best in the country. We have a cutting edge facility with residents that tell us how happy they are every day. Over the last five years we have been a five star rated facility, which is the highest rating you can get. It is a huge accomplishment for our staff. But I want you all to all know that accomplishment means nothing when it comes to why we are really here. Our mission and purpose is to care for American Heroes (our residents) and I'm so proud to say that's what we do. I can go on, but let's talk shop.

Over the last few months a great deal of time has been spent on making the workshop/studio a reality. The project was bid in the spring, but due to cost overruns we have had to scale back our project. We tried not to cut interior square footage, however, we ended up changing the exterior siding and some of the interior finishes. One of the biggest reasons for the cut was due to the increased cost for masonry work. Therefore, we decided to change the workshop/studio area to look like an old gas station from the outside. Inside we cut back on the finishes by doing polish concrete floors with butcher block counter tops. I'm actually really excited to see the finished product; I think it will be pretty neat when everything gets done. Our main delay was due to the Life Safety review which was done by the Health Department; it delayed our project almost 2 ½ months. Construction commenced the 2nd week of October 2016 and we hope to have everything completed by the end of June 2017. I can't wait to show off the new addition next summer. The workshop/studio will be an incredible addition to the Veterans Home.

Sincerely,

Mark B. Johnson, Administrator
North Dakota Veterans Home



VETERAN TO VETERAN



Vernon Bjerke of the ND Patriot Guard presented each WWII Veteran with a medal and a handshake. Town Hall was full of residents and staff who watched as Vernon took his time presenting the medal and made each Veteran feel special and honored.



WAYNE'S WORDS

A glimpse of NDVH Happenings

By Wayne McKirdy



STEAK

Yep, it is. Here at the home the biggy was dinner. Steak (mine was done perfect - pink, but not red), Potato Salad, Corn on the Cob, Watermelon, salad bar -- and -- PECAN PIE. Even with the small portion that I get (after asking for a small portion for a long time, I now have one cook that I look -- I'm supposed to get by on that until the next meal? -- but that's exactly what I have asked for -- and I'm still gaining -- well up and down a couple pounds) it was super.

SPRING CONCERT

Last night the Lisbon High School music department put on their spring concert outside by our front door. Really good.

(Temperature was high 80's) Now, this morning, in about an hour, those who made it far enough to go to the state music contest (and there were many), will give us a concert by giving a dress rehearsal on our stage. Their conductor is an old friend -- was the choir director for our church most of the time we lived in Valley City.



RE-CREATION

Well, some say recreation, but the cheer team that provided today's recreation called it Re Creation. Their billing photo shows 10 people, but today's group was 7 people and about that many more for the production crew. They are from Pennsylvania (one singer was from Ohio). They try to make as many Veterans homes and VA hospitals as they can in a year. We had them last fall and again today. They are a singing/dancing group, but sometimes their dancing almost seems like cheer leading. The Re Creation comes because they reach into the past (today from the 1940's), bring the song in, but re-create it into a more modern venue. Very interesting. They are sponsored by the Bowling



to Veterans Link, part of the Bowlers of America. And for about the first time I can remember since I came, I heard the Field Artillery song sung as I knew it from my military days (The Army decided that was their song, and changed several of the words in a few phrases to take it away from the artillery). Anyway, it was a delightful afternoon that helped re-create the soul as well. Just an example of the delightful, and thoughtful things we get here at our

MEDORA

Well, we went to Medora as planned on Sunday. This Huge bus came in at 7:30, and we loaded up. There were about 30 of us, plus about 10 staff, I think. About half of us were wheel chair I think. They just loaded those wheel chairs into the cargo area under us, and we were off. When I tried to sit down, I almost got off the bus. There was not room for me to sit up straight -- my knees hit the seat ahead of me. But ... there were so many seats in that bus that I simply took a double seat all to myself, and sat sideways in them. That gave me a good view out the other side and plenty of leg room. The sun was bright, beautiful day across the state. It was so much fun looking at things from that higher altitude, I'd say about 3 cars high.



We left with a motor cycle escort --

a vets cycle group - 6 bikes. At Bismarck we picked up 2 more that had passed us somewhere around Crystal Springs, and were waiting when we made our dinner stop at Bismarck. Another 10 at Dickinson -- 18 Bikes escorting us -- that's the way we went -- thru Medora and right up to a parking spot near the Pitchfork Fondue (wonder how you spell that?) Just 1 1/2 hours early for our evening dinner date. "We'll go make arrangements. If you need to go to the bathroom, its right over there, Otherwise stay near the bus." BOOM -- That really loud crack of thunder was so close that it almost beat the flash of

light," Nope -- don't any of you go out". And the storm hit -- wow, what a storm -- it beat at us for nearly the full 1 1/2 hours we were early. But then it quit -- and the sky to the west was bright and clearing. Now we could go for our dinner. Well, no -- the staff had been talking, and knowing how hard it was to unload and load us in that wet, they had basically decided we would go home. We could eat a special dinner at Bismarck, and then journey on home. I objected. So we

took a vote -- about 5 for staying -- that didn't quite carry, so we hit out. I knew we would overtake that storm before we got to Dickinson. When we got to Medora the town was flooded. Cars were driving slowly along the streets just like the pictures you so often see. The Badlands colors are always so beautiful after a rain, and this was no exception. We were near Fryburg when we caught up with the storm. And it battered hard all the way to Mandan. I really had to admire those drivers for their ability to drive in that storm. The staff had called ahead to some good restau-

rants on the south side of Bismarck, so the driver took the express way around South Bismarck. I had been hoping the staff would think again. We certainly weren't going to get unloaded, have dinner, and get loaded again before the storm hit us again. Sure enough, about the time we crossed back over the river, the staff spoke again and told us that very thing. We would stop at McDonalds, those of us who could walk, could get up and go in if we wished, but bring your meal right back out to the bus. For the rest, the staff would take orders and deliver out to us. Good. About 6 of us went in and ordered. But before we could even order, the storm caught up to us. We ate our meal inside and at a lull, hit for the bus. We got a little wet going out, the staff got good and wet delivering meals. So the journey home. I figured we'd run out of the storm again near

Jamestown -- and we did run out of most of the heavy rain shortly after we turned south on highway 32. But the thunder and lightning was really heavy -- and close, often, all the way home. We arrived home about 1:30 AM. I was in bed about 1:45, and had a good morning's sleep. It had indeed been an interesting trip. We didn't see the musical, or have a big dinner like was planned, but you know, I'd go again. And my admiration for those 2 drivers, and even more, that staff that babied us thru the whole thing. Ah.. Yes -- I'm glad I live here. We'll have more fun rides along the way. The home is good -- God's even greater.

BLIND JOE PERFORMS IN TOWN HALL



North Dakota's very own celebrity, "Blind Joe," graced the crowd at NDVH with his powerful story and song. Several in attendance were big fans of "The Voice" where Joe was featured in 2015. Thanks for bringing a little Hollywood to Lisbon Blind Joe.



CASINO NIGHT



The great people of the Lisbon American Legion Post # 7 and Lisbon VFW Post #3363, as well as the McLeod VFW Post #9067 put on an annual "Casino Night" for residents to enjoy.



Don and Elaine enjoy a Valentines meal.

VALENTINES DAY BANQUET

The talented NDVH Dietary department put on a fabulous meal for Valentines Day: Prime Rib, Shrimp, Cheesy Hash Browns, French Fry Variety, Glazed Carrots, Dinner Roll, Fruit Medley, Red Velvet Pie. Residents were welcomed into Town Hall by host and hostess and served restaurant style. Thanks to all staff who helped make this day extra special.



Liz fills cups with a cheerful smile.



KULM KIDS



For the fourth year in a row the Kulm first and second graders have collected their pennies to donate to the residents of NDVH. What makes their visits even more special is that one student has a grandpa (Don) living here, and NDVH resident Morris is from Kulm.

March



Eggs, eggs and more eggs. From dyeing Easter Eggs, to filling plastic eggs, the residents kept busy in March. We are glad to report that the Easter Egg Hunt sponsored by the Basic Resident Care Council was a success. Thank you to all the residents, volunteers, and staff that donated to the egg hunt and helped at the event.



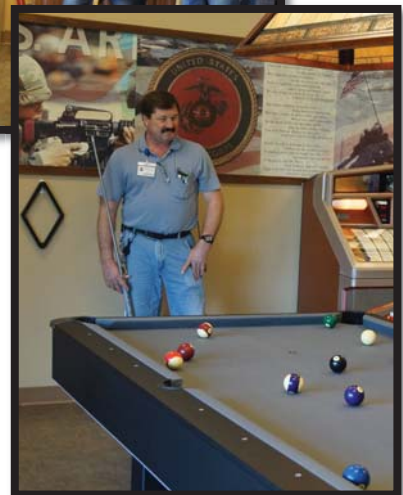
Thank you to the Oakes Girl Scouts and the Oakes American Legion Auxiliary for the delicious treat of Girl Scout Cookies. Thank you for spending time with Veterans and making their day!



POOL TOURNAMENT : RESIDENTS VS STAFF



The Resident VS Staff Pool tournament definitely drew a crowd. All players stayed cool, calm, and collected despite the mounting pressure. Thank you to all who participated.





From reading books to residents to playing bingo, the **Lisbon Second Graders** had quite a time at the Veterans Home. Throughout their four trips to NDVH the students developed relationships with the residents. Thank you to the Second Grade teachers: Mrs. Webb, Mrs. Rolf, and Miss Bunn for bringing your pupils to NDVH.



Jeans and Beans is the name of an annual concert that the Lisbon High School Choir and Band put on at the North Dakota Veterans Home. Community members and NDVH residents gather on the front lawn of the campus and enjoy an evening of music. Thank you to **Mr. Monilaws** and the music students of Lisbon High for providing on-site music.



Lisbon High School

Ginger Louden's High School Speech students visited NDVH several times in the Spring of 2016 to interview residents. The interviews were videoed and the students created a documentary of their interviews. When the project was completed in May, the students had a special showing of their work in Town Hall. Thank you Mrs. Louden and students for capturing the history of some of the residents of the North Dakota Veterans Home.



Yes, we get a little crazy around here at times. Thankfully we have staff that are good sports and go along with the wild ideas that our activities department comes up with.



**MINUTE
TO WIN IT**



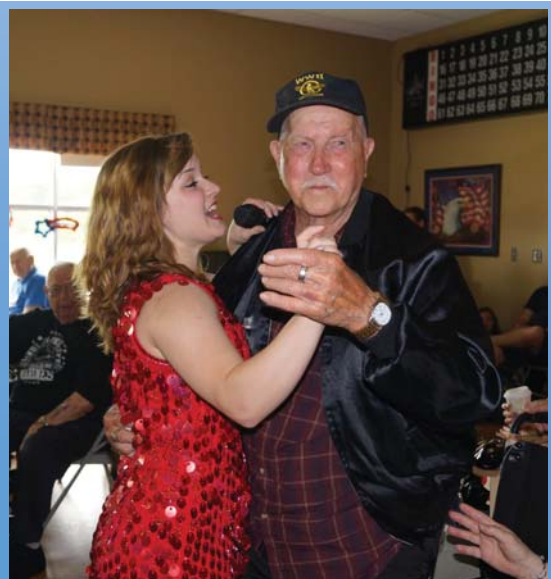


SPRING FLING with RE-CREATION



This year the Spring Fling was postponed because we had an offer from the group Re-Creation to come back and perform on June 18th. We thought this would be a perfect opportunity to gather family and friends again and have our Spring Fling in conjunction with this. Re-Creation performed here for the family picnic 2 years ago and did an amazing show. It was so much fun to have them back, and they did not disappoint us. The weather did not co-operate so we had to move the event in-doors but this did not dampen the mood. It was a full house and judging from the smiles---fun was had by all.

*Jann Neameyer, Director of
Social Services and Activities*





FAMILY & FRIENDS



Harvey Bergstrom played all the right tunes on his Accordion.
Thanks Harvey for providing great entertainment!



Roland kicks back with a NA Beer at Happy Hour and soaks in some accordion music.



Don Williams' daughters join in the fun.



Alice and her daughter, Sharon, always know how to get a dance started.



Sharon and Ed hit the dance floor.



RIDIN' AROUND IN MY AUTOMOBILE.....

A special thank you goes out to the Hi-way Rollers Car Club who not only brought their rides to NDVH but shared a generous donation to NDVH. The club is pictured with Administrator, Mark Johnson. Mark even brought his car out for the show. Can you guess which one is his?



We appreciate the great service organizations which support the North Dakota Veterans Home



Several of the NDVH residents have served in these organizations and are proud of what an impact their organizations make on the lives of those living at the North Dakota Veterans Home. We thought it would be fun to highlight some residents as they share their experience in service organizations.

Leo Feltman, Member of the AMVETS, VFW and American Legion



Leo Feltman did not hesitate a bit when we asked him for an interview regarding his involvement in Veteran Service Organizations. First off-Leo is a veteran of the Marines who served in WWII. When asked which service organizations he is a member of Leo surprised us by mentioning four organizations-VFW Post #9367 of Grafton, AMVETS #11 of Grafton, American Legion Unit #41 of Grafton and the International Allied Veterans.

Leo recalls joining the VFW and Legion in the 1950's, the International Allied Veterans (IAV) in the 1970's and the American Legion in the 1980's or 1990's.

When asked why he joined Leo shared that other Veterans asked him to, specifically mentioning a man named Phil.

Leo let out a good chuckle when asked if he held any offices in the VFW, stating, "about all offices in the post," which included Post Commander and Post Quarter Master for 41 years. Leo was also District Commander three times in District #8. When Leo left Grafton in 2011 to move to his new home in Lisbon he held the office of Commander of the AMVETS in Grafton which he still holds today, although he shares they will be closing soon. In the American Legion Leo did not hold any offices. In the International Allied Veterans Leo served as a Commander for one term.

When asked what activities and outreach his organizations promoted, Leo shared a lot about the VFW in Grafton. Dances and bingos were held in the Grafton VFW which also had four apartments in its building. Leo shares that "every dollar that the club had came from bingo." Ardyce, Leo's wife, served in the VFW Auxiliary and Leo shared that she cooked many meals in the VFW Hall for banquets and special meals, including meals on Veterans Day and Memorial Day. In addition to cooking meals for the club Ardyce served as a bookkeeper for the auxiliary. Leo spent much time participating in parades and drill squad for funerals with fellow VFW members.

A highlight for Leo was and is attending yearly conventions for the VFW and International Allied Veterans. In fact Leo recently returned from the International Allied Veterans convention in Devils Lake with his good friend, BJ Brazil.



Leo and his good friend, BJ Brazil, of Minto.



Elaine Qual, Member of the American Legion Auxiliary

For over forty years **Elaine Qual** has been a member of the Florence Kimball American Legion Auxiliary Unit #7 of Lisbon.

In the 1970's the local American Legion and Auxiliary was sponsoring area boys to attend Boys State and one of Elaine's sons was chosen. Encouraged by American Legion Auxiliary members, as well as a neighbor/member whom Elaine drove to meetings, Elaine joined. Elaine became a member through her husband, however he never attended a meeting as he was "100% farmer," to add to that he was a dairy farmer.

Elaine held office of Auxiliary President every other year for a while. While in this role there were roughly 20 active members. Meetings took place once a month in the American Legion Building. The Legion and Auxiliary hosted a Memorial Day event every other year which included a parade, ceremonies at the bridge and cemetery, and a lunch was also served. This tradition continues today. Another tradition that continues is the sponsorship program for Girls State. Elaine and Auxiliary Member, Betty Tuffty, are co-sponsors of this program and Betty interviews young women interested in attending this event.

Money was not easy to come by so the Auxiliary members did a lot of things hands on, such as preparing meals for Auxiliary State members when their meetings were scheduled locally in Lisbon. Rummage sales were held to raise funds as well. Elaine's face brightened up when she started talking about Poppies and she shared that "we sold a lot of poppies." Elaine shares that when it was poppy season her unit would wait in the dining room of the old Veterans Home and sell Poppies to residents as they came down for their meals. The Unit also sold poppies all over Lisbon. When the Legion Post started selling tickets for gambling they would also give some of the profit to the Auxiliary which helped increased their funds.

For roughly five or six years Elaine also held the office as chairman for the state. While in this role, Elaine and fellow members would sponsor a bingo at the North Dakota Veterans Home. Elaine explains that the bingo was much different than the ones she attends now as a resident of NDVH. The State Auxiliary members would bring prizes instead of money. Prizes included, T-shirts, sweatshirts, socks, bananas, etc. Residents who bingoed would then choose their prize which led to some lengthy bingo games. During the time Elaine was chairman, the Auxiliary also held the American Legion Auxiliary Christmas Shop. Elaine had fun sharing how that has changed and developed throughout the years. In Elaine's day the shop was held in the museum (in the old building) and residents would take their turns shopping as it was a small space. At that time residents were able to pick a gift for a family member and the Auxiliary would package it and mail it. In recent years the Gift Shop takes place in Town Hall and the residents are allowed to pick gifts for two family members, as well as one for themselves.

Conventions created fun memories. As Elaine recalls, Minot, Bismarck, and Fargo were some of the cities she attended conventions at. When asked what her favorite memory was, Elaine shared it was when she first joined and the "old Ladies that were members were so happy to have younger ones join." She also liked the stories that the "old ladies" shared about "partying" at the conventions. Elaine found that both surprising and fun. Elaine said she has been part of several organizations over the years, however the American Legion Auxiliary has been her favorite organization to be part of. Elaine adds that being a member did not require a lot of time.

Thank you Elaine for your faithful service to the American Legion Auxiliary!



Elaine with Brenda Elijah, Activities Coordinator. At this American Legion Auxiliary Christmas Shop Elaine was able to take part as a resident and do some shopping for herself and family members.



Lee Schmidt, Member of the DAV and American Legion

Air Force Veteran **LeRoy "Lee" Schmidt** is a member of the Disabled American Veterans-Regan McLean Chapter #5 of Devils Lake. Lee joined the DAV in the 1980's and has been a lifetime member since 2003. Lee is also a member of the American Legion Post #41 of Grafton, although not an active member, he continues to pay his dues.

When asked why he joined the DAV, Lee shared that he was at the Fargo VAMC for appointments and met with a DAV Service Officer in Room 206 of the Fargo VA Regional office. The Service Officer was able to increase his service connected disability rating. One of the Service Officers that assisted him was Greg Sauer. Lee shared that he has worked with four Service Officers over the years.

Lee spent many years working in Iron Works as a Foreman and was not able to be active in his local DAV chapter until retirement. When Lee did become active he became **ACTIVE**, selling \$1200 worth of poppies in the first three days of the poppy drive. Lee is not afraid to ask people for donations and that is exactly what he did by visiting local banking branches and businesses seeking donations for the poppies fund.

As a post, the members would often gather at the White House Cafe in Devils Lake on Saturday mornings. Once a month meetings took place in the DAV office which was a rented space that the chapter rented for \$200 a month including electricity. After two years in the office space, membership was down and the members approached the landlord about the situation. The Landlord graciously offered them the space, rent free for 6 years. As of today the meeting space is closed and the DAV records are in Nelson County according to Lee.

On several occasions the DAV Chapter assisted financially to help individuals pay for taxi rides. The chapter also assisted people as they started a new job by assisting with some of their living expenses. Lee shared that they simply tried to help anybody that needed it. Most recently the chapter donated an American Flag to the North Dakota Veterans Home MIA/POW memorial.

The DAV mobile Unit comes to the North Dakota Veterans Home yearly and Lee is always the first one to greet them. Lee assists the DAV Service Officer with setting up and he

makes sure fellow residents are aware of the services offered by the mobile unit. Lee is a promoter of the DAV and does his best to assist Veterans in knowing what is available to them through the help of the DAV.

Lee would like readers to know that he has had good treatment at the Fargo VAMC. Lee is easy to get to know and has developed relationships with staff at the Fargo VAMC.

Thank you Lee for your dedication to fellow Veterans and to continually seeking ways to better things.



Northwood American Legion member visits with Lee over coffee.

VFW FUNDS CRAFT SUPPLIES

2015-2016 VFW Commander, Wayne Paulson, and Auxiliary President, Elaine Miller delivered, good news to NDVH in April of 2016. Wayne presented a check on behalf of the VFW Dept. of ND in the amount of \$4,299.00 and Elaine presented checks from the ND VFW Auxiliary for \$3,550.00, Wayne also presented a check on behalf of his hometown **VFW #753 of Minot** in the amount of \$2,900 for a grand total of **\$10,749** not to mention some private donations that were given that day. These generous donations were put in the Activities craft supplies fund. Wayne and Elaine know the importance of art and crafts in the lives of our Veterans, as Wayne's good friend, Wally Iverson, former NDVH resident, spent much of his time creating unique pieces of art. Thank you to all the members of the VFW who contributed and thank you to Wayne and Elaine for always remembering the important needs of our Veterans by ensuring that they have the best quality of life possible.



Administrator Mark Johnson, Wayne McKirdy, 2015-2016 ND VFW Auxiliary President Elaine Miller, 2015-2016 ND State VFW Commander Wayne Paulson.

GENEROSITY



The American Legion Riders have faithfully been donating to the Bingo Machine Fund. The NDVH residents truly look forward to the Wednesday evenings that the Legion Riders spend with them as they host bingo.



Jamestown VFW #760 and Auxiliary present gifts to NDVH residents.



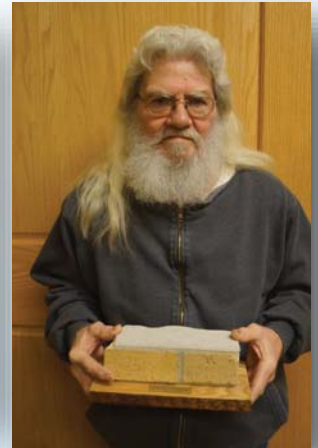
Northwood American Legion and VFW with Auxiliary Members presents a donation to Brenda Elijah, Activities Coordinator.



Oakes High School students give back to Veterans.



Quilts from St. Johns Lutheran of Arthur.



Leon Erickson of Lisbon presented a brick from the old ND Veterans Home which he had mounted and labeled. This is now in the museum.



The Student Council of North Dakota made tie blankets for residents.



Patriotic Quilts are always a hit at NDVH. Thank your for these beautiful quilts.



Quilts from Mayville Lutheran Church.



MUSIC LIBRARY

Sharon Thiel of St. Croix Falls, WI visited NDVH in June of 2016. Sharon has been on a mission to bring music to Veterans facilities across the United States. A Music Library was given to NDVH from Sharon. This donations consists of 6 CD players, 3 storage cabinets and a variety of CD's. It has been amazing to see the difference music can make in the lives of residents. Thank you Sharon for giving a gift that impacts so many.



What is the NDVH Foundation, Inc.?

The North Dakota Veterans Home Foundation Inc., is a non-profit organization established in 1987. The goal of the Foundation is to build a permanent endowment from which investment income will be used for activities, programs, and equipment to enhance the quality of life for the residents of the North Dakota Veterans Home. The Foundation is a charitable organization recognized by the Internal Revenue Service under Section 501 (C) (3). This designation provides for tax benefits for donors.

Your donation will continue to support the residents at the North Dakota Veterans Home for many years to come. How? Your donation will be added to the endowment of the North Dakota Veterans Home Foundation and will start to earn interest. Your donation will continue to earn interest year after year after year. The interest will be used to benefit the residents at the North Dakota Veterans Home in Lisbon.

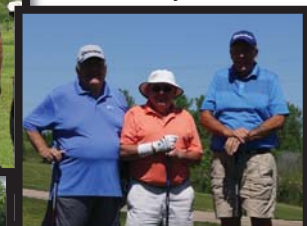
NDVH Foundation 2016 Golf Tournament



The NDVH Foundation Board hosted a golf tournament in June of 2016 in Casselton. As the pictures portray, they had a great turnout this year. We are so thankful for the gifts the Foundation board has gifted NDVH including: a fence for a courtyard, a patient lift, and a portable vitals station for nursing.



Pictured l to r: NDVH Foundation Board Members Carroll Quam, Jim Verwey, Dean Overby, Richard Krajewski and NDVH Administrator Mark Johnson.



If you want to talk to someone from the Foundation you need to call the Veterans Home at **701-683-6500** and they will refer you to a person that will be able to help you with any questions concerning the Foundation.

For more information visit: <http://www.nd.gov/ndvh/foundation/>

NORTH DAKOTA VETERANS HOME WISH LIST

The Activities Fund is always accepting monetary donations. This fund enhances socialization in the lives of the residents. Bingos, craft projects, outings, and social events are just a few ways that these donations are utilized.

The American Legion Auxiliary Cart accepts monetary donations. Your donations will provide residents on-site access to shampoo, deodorant, clothing items, and other personal care items.

Items wanted:

Large Illuminated Alarm Clocks

Large Wall Clocks

Stamps

I-Tunes Cards

Small DVD player

Smaller CD Players

Magazine Subscriptions

Newspaper Subscriptions

Poker Chip Sets

Bike Helmets

Bird Food

*We are so thankful for the donations that have been given to the North Dakota Veterans Home. At this time we are no longer accepting used items. We simply have run out of storage space to house used items. Thank you!

FUTURE WISH ACCOUNTS

-New Bingo Machine Account

-Aromatherapy Fund

-Equipment and Supplies for the Workshop

-Display Cabinets for Workshop

If you have any questions regarding donations please contact:

Mark Johnson, Administrator

701-683-6500

or

Susie Schlecht, Marketing Coordinator



My name is **Alycia Berglund**. I am a Registered Nurse that works on the skilled unit as a Clinical Care Partner for Peace Garden. I am very excited to say that we have recently had the opportunity to bring in some alternative therapies into the care of our residents at the NDVH. I recently received some training in the Twin Cities about Aromatherapy and will be implementing the program here at the Veterans Home. Several hospitals and nursing homes in ND and our surrounding states are using Aromatherapy for symptom relief.

What is Aromatherapy?

Aromatherapy is a caring, hands-on practice of using the natural oils extracted from flowers, bark, stems, leaves, roots or other parts of a plant to enhance psychological and physical well-being. Essential oils, or aromatherapy oils, are the fragrant essence of a plant. These highly concentrated liquid oils are the foundation of aromatherapy, which is based on the idea that aromatic oil from a plant has healing properties. Benefits and goals of Aromatherapy include but are not limited to: stress relief, antidepressant, memory, boost energy levels, healing and recovery, headaches, sleep aids, immune system, pain relief and digestion.



If you are interested in supporting the Aromatherapy Fund your donations can be made to the North Dakota Veterans Home with designation to the Aromatherapy Fund in the memo. We are looking forward to enhancing the lives of the residents with this proven approach.

Remembrance

In memory of Betty Graham

Rodney & Kay Ford of Cocoa, FL

In memory of Lloyd Odegaard

Andrew & Eunice Gozdal of Drayton

Anne Merrill of West Fargo

Dan & Carol George of Castle Rock, CO

David & Donette Mandt of Fort Collins, CO

Donald & Cheryl Burns of Grafton

Duane & Evelyn Rossett of Barnesville

Hod & Deb Hutson of Grafton

Joan Anderson of Grand Forks

Joe & Donna Collinson of Fargo

John & Teresa Bjorg of Grand Forks

Jon & Janna Achter of Fargo

Judith Lee of West Fargo

Judy Kub-Devitt

Larry & Linda Olson of Langdon

Marjorie Shockley

Maurel & Sylvia Mattson of West Fargo

Michael & Lou Ann Lee of Wahpeton

Mrs. Kenneth Lee of Abercrombie

Noreen Fischer of West Fargo

Red & Winnie Brostrom of Fargo

Robert & Judith Lee of Fargo

Scott & Sheila Vedquam of West Fargo

Todd & Darcy Fuchs

Tom & Charlotte Gregarson of Grand Forks

Yvonne Bjorg of Adam

In memory of David Wahl

Harvey High School Class of 1960

In memory of Wally Iverson

Kenneth & Arlene Peterson of Flaxton

Berniece Halverson of Yuma, AZ

In memory of Kenneth Marohl

Lisa Gibbens of Fargo

In memory of Alton Krapu

Margaret D. Lafontaine of Minot

In memory of Mariol Knapp

Bill Sullivan

In memory of Philip Weinmann

Earl Weinmann of Powers Lake

In memory of memorial Members of S.M. Foote Post #161 American Legion of Flaxton ND

Lauren E Nelson of Gulf Breeze, FL

In memory of Cordella Reetz

Daryl & Loretta Tabor of Bismarck

In memory Kenneth Lundebly, Harvey McMullen & John Moen

American Legion Post #8 of Mayville

In memory of Gloriann Roach

Duane & Janice Hanson of Lisbon

In memory of Gary Hanson

Kellie Buchanan of Jamestown

Becky Maasjo of Nome

Ben Kautzman of Lisbon

Cindy Barnes of Jamestown

Dan McLeod of Horace

Don & Marlene Brandenburg of Edgeley

Duane and Janice Hanson of Lisbon

LaVina Miller of Edgeley

Loya Dallmann of Edgeley

Mary Lou Beitz of Jamestown

Mavis Smith of Adrian

Phyllis Bethke of Kulm

Rodney & Connie Berg of Nortonville

Sandra S. Hanson of Moorhead, MN

Sirley Lindgren of Nortonville

In memory of Cordella Reetz

Daryl & Loretta Tabor of Bismarck

In Honor of

American Legion Post #143 of Cooperstown

Continually
grateful for
those who give
of themselves in
countless ways!

1st and 2nd Grade Sunday School of
United Lutheran Church of Grand
Forks

1st Graders of Kulm Public School and
Mrs. Tammy Strobel

2nd Graders of Grimsrud Elementary-
Mrs. Leapoldt-Johnson

4th Graders of LaMoure Elementary

5th Graders of Pioneer Elementary of
Bismarck

6th Grade Class of Hazen

Aaron Berg of Driscoll

Act of Encouragement of Oklahoma
City, OK

Alaska Department of Interior

American Legion Auxiliary of ND

American Legion Auxiliary Unit #1 of
Bismarck

American Legion Auxiliary Unit #139 of
Tioga

American Legion Auxiliary Unit #191 of
Gwinner

American Legion Auxiliary Unit #283
of Mooreton

American Legion Auxiliary Unit #2 of
Fargo

American Legion Auxiliary Unit # 187
of Fingal

On behalf of the residents, we sincerely thank the following for their generous donations:

American Legion Auxiliary Unit #123 of Esmond	Beulah Sears of Casselton	Jeremy Seelye of Fairmount
American Legion Auxiliary Unit #166 of Walcott	Bernice Halverson of Yuma, AZ	John Hanson of Grand Forks
American Legion Auxiliary Unit #221 of Sheldon	Bob Loudon of Lisbon	K-6th Students of Gackle
American Legion Auxiliary Unit #26 of Minot	Carmen Roth-Wald, Logan County Extension Agent of Gackle	Keith Henningsgard of Oslo, MN
American Legion Auxiliary Unit #269 of Upham	Carol Schmidt of Minot	Kosobod Lodge #106 of Lakota
American Legion Auxiliary Unit #270 of Butte	Carol Smiths Eighth Grade Confirmation Class of Valley City	Kris La Douceor of Jamestown
American Legion Auxiliary Unit #298 of Ross	Cathy Wilson of Garrison	Lauren E. Nelson of Gulf Breeze, FL
American Legion Auxiliary Unit #69 of Flasher	Christine O Swerczek of Papillion, NE	Lorraine Boehler of Bismarck
American Legion Post #14 of Jamestown	Corkey Addox of Mount Shasta, CA	Mariana Rumer of Wimbledon
American Legion Post #153 of Wyndmere	Dakota Prairie Elementary School of McVile	Marie Ellsworth of Independence, MO
American Legion Post #162 of Tolna	DAR of Mandan-Nancy Legerski	Mary Ann Gefroh of Linton
American Legion Post #163 of Wilton	Daryl & Loretta Tabor of Bismarck	Concordia Lutheran WELCA of Benedict
American Legion Post #18 of Hope	DAV Auxiliary Unit #02 of Grand Forks	Mayville Lutheran Church
American Legion Post #260 of Fredonia	Degree of Honor of Walhalla	Milnor Lutheran-Day of Doing
American Legion Post #261 of Almont	Diane Kramer of Grand Forks	ND American Legion Riders District #10
American Legion Post #42 of Bottineau	Doosan Bobcat Company of Gwinner	NDASC ND Association of Student Council- Les and Debbie Anderson
American Legion Post #62 of Walhalla	Doris Johanson of Burlington	North Dakota National Guard Enlisted Association Auxiliary
American Legion Post #7 of Lisbon	Duane & Janice Hanson of Lisbon	Open Your Heart Lloyd Spetz American Legion Post #1
American Legion Post #88 of Hankinson	Embert Davis of Mooreton	Our Lady of Grace Catholic Church of Minot
American Legion Post #92 of Northwood	Fargo Cass Public Health	Our Saviors Lutheran Church of Halliday
American Legion Post Jamestown Voilture #688	Garnet Berg of Driscoll	Our Saviors Lutheran Church of Park River
AMVETS Auxiliary of North Dakota	Gordon Johnson & Yvonne Buchholz of Fort Ransom	Pat Rutschke of Kulm
AMVETS Auxiliary Post #9 Bismarck	Grace Lutheran WELCA of McClusky	Red River High School National Honor Society of Grand Forks
AMVETS Post #3 of Valley City	Grafton Developmental School	Rey Luna of Santa Monica, CA
Apple Creek School of Bismarck	Grimsrud Elementary of Wilton	Richard Rezanka of Grand Rapids, MN
	Hankinson Sons of Legion	Rita Larson of Beulah
	Helen Elijah of Lisbon	Ruby Dannenfelzer of Bismarck
	Helen Vollmer of Willow City	Salem United Church of Christ of New Salem
	James & Karen Tangen of Northwood	Sam Shauldis of Shiloh, IL
	Jamestown USBC WBA	
	Jamestown Voilture 688	
	Janice Langdahl of Page	

Sharon Thiel of St. Croix Falls, WI
 Shirley Kirschenman of Moorhead, MN
 Shirley Lindgren of Nortonville
 Shirley Lindgren of Mortonville
 Sons of American Legion of Hankinson
 Sons of American Legion Roger Bergman Squadron #28 of Mooreton
 St. Catherine Elementary and Kinder School of Valley City
 St. John's Lutheran of Arthur
 Tena Hixon and Pamela Hixon Rhea of Conway, AR
 Tim & Faye Huether of Lisbon
 Trinity Berger Lutheran Church of Starkweather
 Velva Public School
 VFW Auxiliary Department of ND
 VFW Auxiliary Dept. of North Dakota
 VFW Auxiliary Post #1326 of Bismarck
 VFW Auxiliary Post #235 of Rolla
 VFW Auxiliary Post #2707 of Northwood
 VFW Auxiliary Post #3363 of Lisbon
 VFW Auxiliary Post #4221 of Mayville
 VFW Auxiliary Post #753 of Minot
 VFW Auxiliary Post #757 of Harlow
 VFW Auxiliary Post #760 of Jamestown
 VFW Auxiliary Post #9050 of Enderlin
 VFW Auxiliary Post #9367 of Grafton
 VFW Department of North Dakota
 VFW Post #1326 of Bismarck
 VFW Post #2707 of Northwood
 VFW Post #3363 of Lisbon
 VFW Post #3379 of Cooperstown
 VFW Post #753 of Minot
 VFW Post #7564 of West Fargo
 VFW Post #760 of Jamestown
 VFW Post #8688 of Bottineau
 VFW Post #9050 of Enderlin

VFW Post #2707 of Northwood
 VFW Post #3363 of Lisbon
 VFW Post #3379 of Cooperstown
 VFW Post #753 of Minot
 VFW Post #7564 of West Fargo
 VFW Post #760 of Jamestown
 VFW Post #8688 of Bottineau
 VFW Post #9050 of Enderlin
 VFW Post #9317 of Manador
 Victor & Arlene Lybeck of Esmond
 Vietnam Veterans of America Chapter #374 of Lisbon
 Wayne & Glaydys Trottier of Northwood
 Wayne & Sharol Paulson of Minot
 Willow City Mission Quilters
 Woodworth Belles of Woodworth
 Youth for Christ of Fargo
 Zion Free Lutheran of Tioga
 Zion Lutheran Church of Berlin
 Zion Lutheran Church of Ellendale

ND National Guard Enlisted Association
 Auxiliary and Area V Diresctors:
 Ruth Quam of Wahpeton
 Jeri Christianson of Milnor
 Sandy Hittner of Cambridge, MN
 Catherine and Stephen Berry of Eau Claire, WI
 Angela Kennebeck of Ankeny, IA

“The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional to how they perceive the Veterans of earlier wars were treated and appreciated by their nation.”

President George Washington

We are so overwhelmed by the kindness and generosity of those who have given of their time and talents to benefit the Veterans Home. Please realize how much your gift means to us and accept our apology if we neglected to send you a thank you.

It's the little things...



Please join as we get to know **Robin Bratlie, Activities Assistant**. For the past four years Robin has worked at NDVH as a Resident Living Specialist. In December she started part-time in activities which developed into a full-time role in June. Robin is no stranger to activities as she often volunteered to go on trips to the casino, Speedway Races, and other events. "I truly love my job," shared Robin as we asked her about her new role. Getting to know the residents and learn about their pasts and their likes has made an impact on Robin's life. Some of her favorite moments at NDVH include one on one visits with residents. An extra special memory is when Robin was able to encourage a resident to venture out

of his room to attend a musical event which the resident ended-up enjoying immensely which was evident by the big smile on his face and the way he tapped his feet to the music.

When asked what impact the Veteran Service Organization has on residents Robin shares it has been "wonderful". She shares that the presence of the service organization members makes everyone upbeat. The members visit and listen to the residents and often thank them for their service, "it's a win, win for everyone."

What is in the future....cooking old favorite recipes, homemade doughnuts, and other special meals from varying nationalities. Robin loves to cook and plans on implementing her ideas this winter. Many may not know this but Robin is talented in building things as well. Robin enjoys crafting wood projects, refinishing, and reupholstering. The upcoming workshop will be a place where Robin can assist residents with their projects and put her experience into practice. Robin has already started working with the Music in Memory program and looks forward to building upon it.

Last but not least, Robin brings a special friend with her to work almost every day, Kota. Kota is an adult lab that has a calm and friendly personality. Several residents have buddied up to Kota and appreciate all the time they can get with him.

Thank you Robin and Kota for making a difference in the lives of NDVH residents.



Kota with Jeff, these two are the best of friends.

W.O.W.



Cassandra



The W.O.W (wonderfully outstanding workers) continues to sponsor events and creative ways to demonstrate appreciation to fellow staff members. Pictured are staff members reaping the benefits of the W.O.W. committee's handwork.



Alycia & Noreen



Nancy & Norma



The WOW committee served rolls for Social Work Month. Pictured is the Social Services team: Susie, Jann, Ashley, Ksidy and Donna.



The 2016 North Dakota Veterans Home employee of the Year award goes to Sarah Freed. Sarah is a Resident Living Specialist on the Skilled Care Unit. Sarah has been described by her co-workers as a hard-worker. They add that she “always puts residents and other employees first” and she is very patient with the residents. Sarah motivates her co-workers to work beyond standards and get all tasks done nicely and efficiently. Congratulations Sarah, The North Dakota Veterans Home is proud to have you caring for our heroes. **The Disabled American Veterans (DAV)** sponsors this award and honors the recipient at a banquet at their annual convention in April. Pictured is DAV Adjutant Warren Tobin presenting the award to Sarah at the DAV sponsored picnic at the North Dakota Veterans Home in June 2016.

Kari Johnson Certified Dietary Manager of the Year



Kari Johnson was nominated for the Certified Dietary Manager (CDM) of the Year award by her supervisor, Kristi Lere, CDM CFPP, Director of Dietary. Kari was presented this award at an awards banquet at the April Long Term Care Convention in Bismarck, ND.

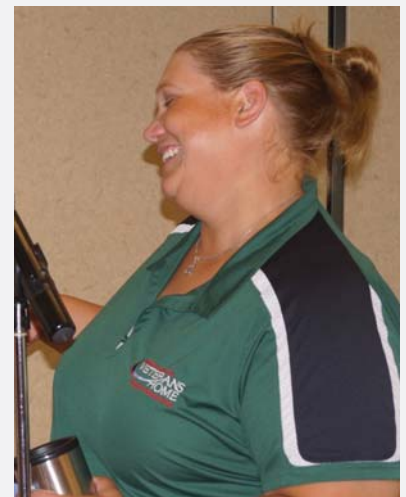
Kari has been employed at the North Dakota Veterans Home since February 2007. She started by working in the kitchen as a cook and has moved up to dietary manager through her hard work and motivation. She obtained her dietary manager certification in the fall of 2013.

Kari is a dedicated staff person and has always been proactive with looking at new and creative ideas in the area of food service. She is a key player in the culture change for dining services. Besides serving as dietary manager, Kari wears many other hats at work. She is part of the safety committee, quality control group, teaches serve safe classes to staff, and volunteers to serve as a member of our WOW committee (wonderfully outstanding workers).

Kari is always willing to think outside of the box to help bring new creative ideas to the table. She is a team player and has excellent knowledge when it comes to the nutrition of our residents.

Kari lives on a farm with her parents and spends her free time working hard on the farm to keep things going. She is a true farm girl, who loves to be outdoors riding horse, four-wheelers, and doing typical farm girl things. She is very active in the community and is a positive role model in the local 4-H group by helping kids with projects throughout the year.

Kari is a true asset at the North Dakota Veterans Home and is well deserving of the award of dietary manager of the year.



TAPS

Lloyd Odegard

Betty Graham

Gloriann Roach

Robert Meier



Happy Retirement to
Linda Bunn!



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MaKayla Froehlich, Skilled RLS
Karley Anderson, Kitchen Asst.
Jessica Bergstrom, RN
Kim Elijah, Account Technician
Alea Hegreberg, Skilled RLS/
C.M.T
Bailey Boehler, Kitchen Asst.
Courtney Bunn, Skilled RLS
Sasha Johnson, Skilled RLS
Katherine Carlson, Skilled RLS
Gretchen Vann, Basic RLS
Callie Berg, Skilled RLS
Suzie Titus, Skilled RLS
Nancy Nord, CCP/RN

Would you like to enrich the life of a Veteran ? Volunteer

If you are interested in volunteering at the North Dakota Veterans Home please contact:
Susie Schlecht at
701-683-6540

Would you like to learn how to become a resident of the North Dakota Veterans Home?

Visit our website at:
<http://www.nd.gov/ndvh/>
or call
701-683-6540



NORTH DAKOTA VETERANS HOME

PO Box 673

Lisbon, ND 58054-0673

If you prefer to view our newsletter in **COLOR** please visit our webpage at www.nd.gov/ndvh. Open The Scuttlebutt tab and choose the issue you wish to view. Please contact Susie at 701-683-6540 if you would like to view the newsletter on the web, and we will take your name off the physical mailing list to cut back on our costs. THANK YOU!

Scuttlebutt Staff:

Susie Schlecht

Brenda Elijah, Photography

Many staff and residents



Caring for America's Heroes

North Dakota Veterans
Home-Lisbon

Phone: 701-683-6500